

THE Spiritist MAGAZINE

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Chico Xavier, Return to Simplicity



Regarding Kardec's Codification

Andre Luiz (Spirit) / Chico Xavier (Medium)

Constantly recall the irreplaceable and timely teachings that illuminate the pages of Kardec's Codification, from which we extract a few brief excerpts:

"Just as Christ said: 'I am not come to destroy the Law but to fulfill it,' so Spiritism says: 'We have not come to destroy the Christian Law but to carry it out.' It teaches nothing contrary to what was taught by Christ. Rather it develops it, explains it in a manner that can be understood by all and completes that which had previously been known only in its allegoric form."

(The Gospel According to Spiritism)¹

"Spiritists! Love one another, that is the first precept; educate yourselves is the second. Within Christianity you will find all the truths. The errors in which Man has become enrooted are all of human origin."

(The Gospel According to Spiritism)²

"The language of spirits of superior elevation is constantly dignified, noble, characterised by the highest morality, free from every trace of earthly passion; their counsels breathe the purest wisdom, and always have our improvement and the good of Mankind for their aim."

(The Spirits' Book)³

"Although a man does not know exactly what may have been his acts in his former existences, he always knows the kind of faults of which he has been guilty, and what has been his ruling characteristic. He has only to study himself, and he will know what he has been, not by what he is, but by his tendencies."

(The Spirits' Book)⁴

"The law of God is the same for all; but evil resides especially in the desire for its commission. Good is

always good, and evil is always evil, whatever a man's position may be; the difference is in the degree of his responsibility."

(The Spirits' Book)⁵

"The true Spiritist can be recognised by their moral transformation and by the efforts they employ in order to dominate their bad instincts."

(The Gospel According to Spiritism)⁶

"...As it is not possible to love God without practising charity towards one's neighbour, all of mankind's obligations are resumed in the maxim: Without charity there is no salvation."

(The Gospel According to Spiritism)⁷

"Meditate upon these things; give thyself wholly to them; that thy profiting may appear to all" – Paul (1st Timothy, 4:15).

¹The Gospel According to Spiritism, Chapter 1, item 7.

²The Gospel According to Spiritism, Chapter 6, item 5.

³The Spirits' Book, Introduction, Part VI.

⁴The Spirits' Book, question 399.

⁵The Spirits' Book, question 636.

⁶The Gospel According to Spiritism, Chapter 17, item 4.

⁷The Gospel According to Spiritism, Chapter 15, item 5.

Source: From the book *Conduta Espirita* by Andre Luiz (Spirit) psychographed by Waldo Vieira, chapter 45, published by FEB. The English version of the book was provided by the Spiritist Society of Virginia's team. Its copyright was given to the publisher. We await its publication.



Duty, Humbling Path to Divine Harmony

“Without discipline there can be no security¹,” Emmanuel affirms to us referring to the need of subjecting ourselves to Divine Wisdom in leading a dutiful life. As co-Creators, we have our share in the making off of the expansion of the Universe.

However, such understanding may generate doubts and concerns in a world that convulses in rebelliousness and excessive liberalism. Many are currently fighting for the rights to commit abortion, to use illicit drugs, such as marijuana, and much more. And, the end result has been a life filled with conflicted feelings that only catalyze an epidemic of mental disorders, generating suicide and homicide.

Where is the line between our duty and our free will? The answer is simple: As created beings we are subjected to the Creator’s design. And what is the Creator’s design? Love, and only love. But, whenever we distance ourselves from it, we suffer. So the path of humbling ourselves to Divine Harmony represents the single and universal solution to the joy of living, a natural consequence of the fulfillment of our role in the universe, our duty.

Our guide and model to such achievement is Jesus Christ. And for those who claim that his bar is too high, he has sent several missionaries that have been modeling to us the possibility of following his footsteps, amongst them we find Chico Xavier. He truly represents the model of a life in simplicity, duty and love for God and humanity.

Dear reader, we dedicate this issue of the Spiritist Magazine to the reflection on our urgent need to calibrate ourselves to simplicity... the simplicity in the fulfillment of our daily duties before God, while allowing the manifestation of the designs of On High in our lives. We hope you delve within each article and enjoy the proposal from Above!

Vanessa Anseloni, PsyD, PhD
Editor-in-Chief

¹ Thought and Life by Emmanuel through Chico Xavier, chapter 21



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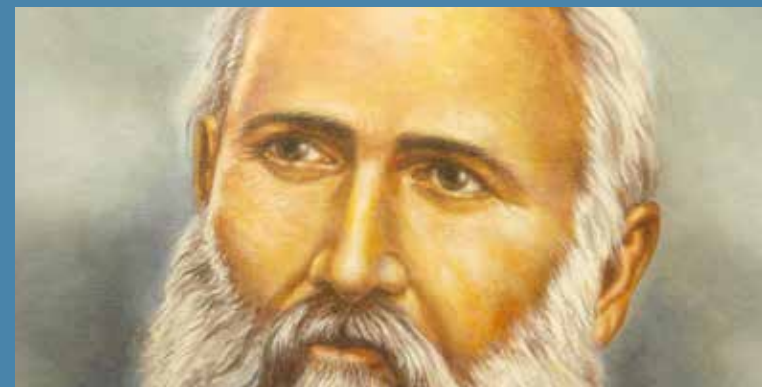
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The Spiritist Magazine N. 46 July - September, 2019

The cover picture of Chico Xavier is a composition of the mediumistic painting offered to Casa de Chico Xavier (Pedro Leopoldo) and a picture of Minas Gerais mountains.

SPIRIT MESSAGE

May the divine forces bless you for the good combat against the shadows. Let us shine the light where darkness exists. Let us search for Jesus where illusion is commonly sought. - Emmanuel

(Source: Book Illuminuras by Emmanuel through Chico Xavier, published by Vinha de Luz Editora)

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*Scientific Findings
in “Missionaries of
the Light”*



The “Neuroendocrinology Letters” magazine reveals that the book “Missionaries of The Light” by André Luiz anticipated, in 60 years, information proven only today by current science.

An article published in the international medical journal, “Neuroendocrinology Letters” presents the Spirit doctor André Luiz to the scientific community.

Historical and cultural aspects of the pineal gland—a comparison between theories provided by Spiritism in the 1940s and current scientific evidence.

Francisco Cândido Xavier, considered the greatest medium of modern times, brought contributions to medical science through the series “Life in the Spiritual World”, by means of which the spirit author André Luiz, a physician in his last reincarnation, brought unique information about human physiology, in addition to discussing the bases that gives rise to diseases.

Without any pretense of scientific literature, André Luiz wrote as if to describe the diary of a young scientist, who recounts his daily life in light of his discoveries and the advance of his knowledge before a new science.

Thus, in 1945, the book *Missionaries of Light* brought twenty-one pieces of information about the pineal gland in only two chapters of the long book. In order to establish if André Luiz brought relevant information, the research department of AME BRASIL (Medical-Spiritist Association of Brazil), led by Dr. Giancarlo Lucchetti, raised in all the work of André Luiz all the information about the pineal gland and compared them to medical research of the period of time in which the books were written and also with the findings that medical science has obtained in the last 20 years.

In terms of medical research conducted throughout the 1950s, the medical articles on the pineal gland published in the scientific literature do not add up to a hundred. In the last decade, they surpass ten thousand articles.

The findings discussed by the authors of the article, which was published in the renowned journal “Neuroendocrinology Letters”, was surprising. André Luiz anticipated information that was postulated, researched and confirmed 60 years after the publication of the book “Missionaries of The Light”.

The publication of the article entitled “*Historical and cultural aspects of pineal gland: comparison between theories provided by Spiritism in the 1940’s and current scientific evidence*”, represents a historical landmark, since it crowns the entrance of Chico Xavier into one of the most respected sources of data from the world medical literature, to Pubmed.

> Meimei (Spirit) / Chico Xavier (Medium)

REFLECTION

Peace and Light

You may hear, "The Earth is undergoing difficult days..."

And you put what you know into check.

The news report relates the growing antagonism among peoples. Disagreements dominate the social classes in need of tact and understanding on the part of leaderships, so that they do not engage in destructive conflicts. Passionate dramas make the headlines, traumatizing thousands of people.

Impulsive family separations, robberies, mass complaints, disturbances of opinion, accidents that are the concern of community life, almost everywhere in the world, the calamities that emerge from nature ...

All these somber elements, added to the individual problems, create the psychological squandering with which millions of individuals go to either their work or the streets, establishing the atmosphere of tension that deforms the personality and consumes a great reserve of strength.

It is within this framework that the Laws of the Lord have engaged us to serve in the world today.

Many people, unconsciously, are prone to engage in petty fights expressing wrath or sourness into strange forms of aggression.

Lean on patience and move forward.

Whatever happens, do your best, bless and let it go.

Quiet yourself and help.

Wherever you are, spread the beneficence of good words and offer the blessing of your smile of peace and fraternity.

All negative events are by-products of the spirit of darkness.

In the whirlwind of the shadows, Heaven does not ask us to be stars. It is enough for each one of us to commit themselves to lighting up a ray of light in the name of God.

Source: From the book *Deus Aguarda* by Meimei through Francisco Cândido Xavier, published by GEEM in 1980.

The Spiritist Music

Rossini (Spirit) / Mr. Desliens (Medium)



Musicians are individuals like any other. Perhaps they are even more fallible and sinful. I, myself, was not exempt from such weaknesses. And if God gave me a long life in order to give me time to repent, the drunkenness of success, the complacent friends, the adulation of the fans often took me away. There is power in being a conductor in this world where pleasure places such a great role. Those, whose art is to seduce the audience and to soften their hearts, see many traps created under one's steps, and the wretch falls on them! They become drunk with the drunkenness of others; the applause covers their ears and they go straight into the abyss, without seeking a foothold to resist the drag.

Yet, in spite of my mistakes, I had faith in God; I used to believe in the soul that vibrated in me, which, detached from sonorous imprisonment, soon recognizing myself amid the harmonies of Creation. I then mixed my prayer with those that rise from Nature to the infinite, and from the creature to the Creator!

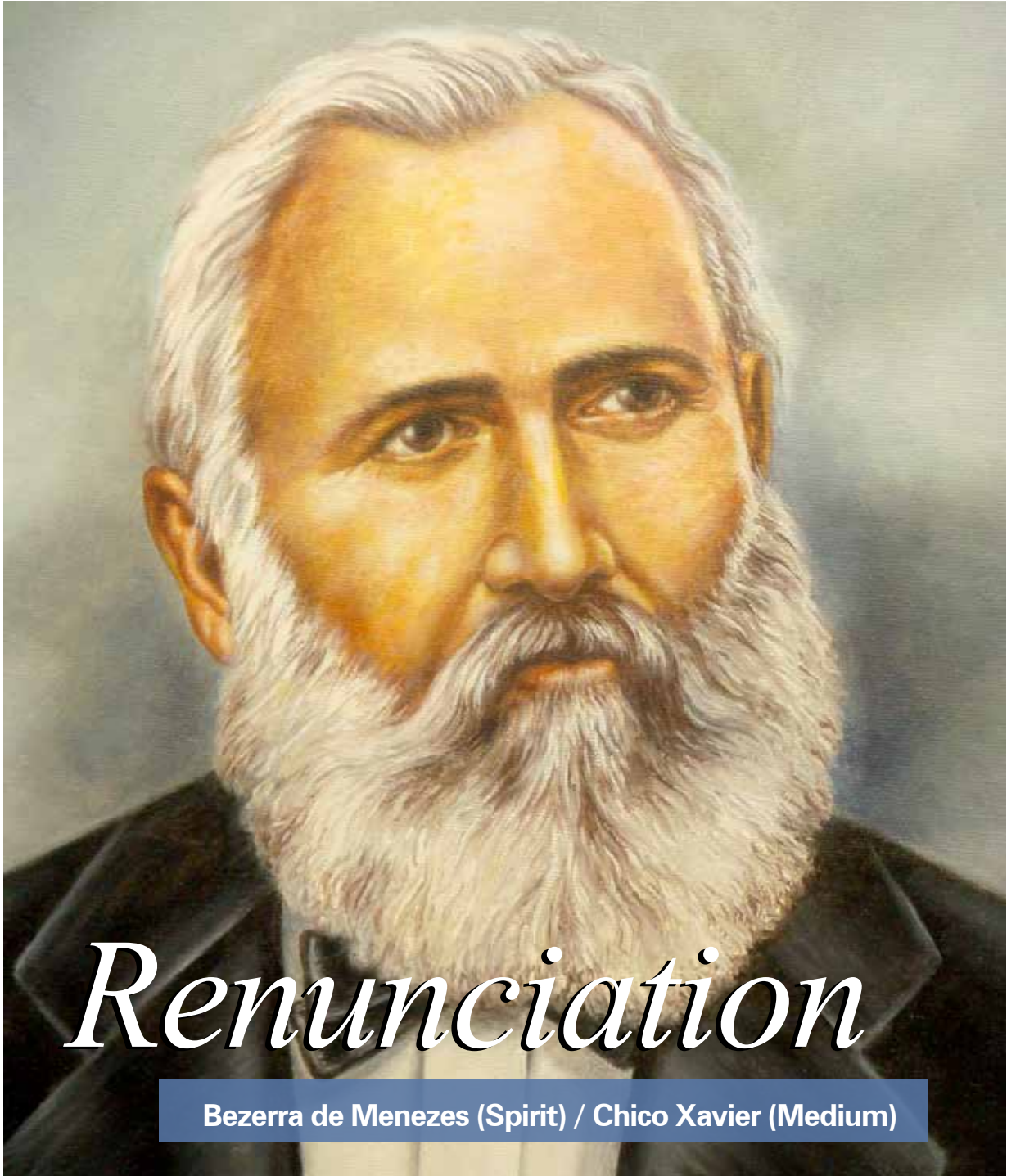
I am happy for the sentiment that caused my coming among the Spiritists, because it was sympathy dictated it. If the curiosity attracted me at first, it is to my recognition that you owe much appreciation for the question that was asked. I was there, about to speak, believing to know everything, when my fallen pride revealed my ignorance. I became speechless and heard. I went back to instruct myself. When the words of truth issued by your instructors came together in reflection and meditation,

they said to me: "Great maestro Rossini, composer of so many masterpieces, according to humanity, you have unfortunately done nothing but thresh some of the less perfect pearls of the musical ensemble created by the master of maestros. Rossini collected notes, composed melodies, tasted the bowl containing all the harmonies. He stole some sparks from the sacred fire, but this sacred fire was neither created by him nor by others! **We invent nothing: we copy from the great book of Nature and the audience applauds when we do not spoil the music sheet too much.**

A dissertation on celestial music! ... Who could take care of this? What superhuman Spirit could make matter vibrate in unison with such an enchanting art? What human brain, what incarnate spirit could grasp the tones that vary to infinity? ... Who at this point has the feeling of harmony? ... No, humanity was not made for such conditions! ... Later! ... a lot later!

Waiting so that I may soon be able to satisfy your wish and give you my appreciation on the current state of music and the transformations and developments that Spiritism may introduce. Today is still too early. The subject is vast. I have studied it, but it still seizes me. When that becomes possible for me, if it be possible, or rather, when I have comprehended it as much as I allowed by the level of my evolution, I will satisfy you. But we need to wait a little while. If only a musician can speak well of the music of the future, such musician must do it as a master; Rossini however does not want to speak as an apprentice.

Source: Mediumistic message received at the Group Desliens on December 9, 1868 in Paris, France. The report was published in the *Revista Espírita* by Allan Kardec, January 1869, published by FEB.



Renunciation

Bezerra de Menezes (Spirit) / Chico Xavier (Medium)

Introduction by Arnaldo Rocha

The following report happened in a mediumistic meeting on March 11, 1954 at the Spiritist Group Meimei in Pedro Leopoldo, Minas Gerais, Brazil.

With a tape recorder, the Meimei Group began registering the instructions of the Spiritual Friends through the psychophonic medium of Francisco Cândido Xavier, beginning on the night of March 11, 1954.

After the service of enlightenment and help to the brothers and sisters, who have been lost in suffering and in the shadows. They appeared in great numbers through several mediums of the Spiritist center. The venerable benefactor Adolfo Bezerra de Menezes then gave the following speech allusive to renunciation, as basis of happiness and peace. Not only he addressed the incarnated companions, but, in a particular way, the compact assembly of troubled Spirits who pressed themselves in expectation in the spiritual room.

(Dr. Bezerra de Menezes' message)

My friends,

Let us give thanks to Our Heavenly Father, keeping goodwill toward humanity.

As in other times, we are together in the sanctuary of prayer...

Our visit, however, has no other purpose than to collaborate in the inner renewal that is indispensable to us, so that we may not be wasting away the resources of faith and time.

Turning to you, we also address our message to all the discarnate companions who listen to us. They are orphans of light in the pursuit of their own transformation with the Divine Master. Only in Christ we can trace the true path of redemption.

Let us learn to yield, harvesting with Jesus the lesson of renunciation, as the divine science of peace.

Our word constantly refers to charity, and we admit that charity is only to rid ourselves of the superfluous material values of our life.

However, the greatest charity will always be of one's own renunciation, which knows how to yield oneself so that the neighbor's freedom, joy, confidence, optimism and faith may not be harmed in any way.

As an incessant exercise of self-refinement, it is imperative to daily compromise of our opinions, our views, our prejudices and our habits, if we really want to assimilate our transformation in the Gospel with Jesus.

Nature itself is a school in this sense.

Handing of itself, the raw wood is transformed into high-priced furniture.

By abdicating the pleasures of youth, men and women are graced by the Lord with the blessing of a home for the children who will lead the message of love and trust to the future.

Burning its own forces, the Sun sustains the Earth and maintains life with its rays.

Meditate upon this reality (...), especially you who have already rid yourselves the physical vest! Let us cultivate the renunciation of the possessions and affections of the human rearguard, so that death may reveal itself to us through imperishable life, revealing new light! ...

Every day, the solar splendor returns to the experience of humankind, inviting everyone to perfect themselves inwardly, forgetting old burdens of negative impressions, which so often crystallize in the mind, enslaving us to delusion ...

And because we live unprepared, spending at random the opportunities of service obtained in the world, with the dense body, we are harvested by the transition of the tomb like birds caged in the grid of

our own thoughts.

It is necessary to forget in order to revive.

It is imperative to let go of all the precarious possessions of the carnal season of struggle, so that the fire of passions do not drag us into the calamities of the Spirit, for which we are paralyzed by the longing for progress in secular reparations!...

There is no freeing of conscience, when conscience set itself free.

There is no cure for the diseases of our soul, when our soul does not surrender to the imposition of recovering itself! ...

Thus, let us be able to exercise the sweet charity of understanding those around us. Not only understanding them, but also supporting them by detaching ourselves from our own desires. The good done for the neighbor is, above all, our own good.

Let us remember that the Laws of the Lord manifest in loud voice through the trumpets of time, conferring to each thing its function and to each Spirit their proper place.

In this way, let us not place ourselves ahead of the Celestial Designs, but rather let us learn to yield in the certainty that justice is always the perfect harmony.

Attentive to the worship of personal sacrifice under the norms of Christ, let us ask Him for the courage to use silence and goodness, patience and unconditional forgiveness in our regenerative work within ourselves, since we cannot dispense with energy and steadfastness in order to acquire similar virtues. Often times, we are enthusiastic in our mouths while our hearts are far away from these virtues.

Let us radiate the resources of love through those who cross our path, so that our attitude may become a living witness of Christ, sharing consolation and hope, serenity and faith with others.

Let us imitate the humble seed that dissolves in the ground, seemingly helpless, while learning to disintegrate the heavy and dark webs that constrict us our eternal individuality. In this way, our spirit will sprout on the sacred ground of life in new expressions of understanding and work.

Thus, let us not disdain yielding.

And let us supplicate to the Eternal Benefactor the help needed to imprint the Doctrine of Light into our own lives so that our presence, wherever we may be, always becomes a source of comfort and hope, service and benevolence, exalting to those around us the blessed name of Our Lord Jesus Christ.

Source: From the book *Instruções Psicofônicas (Psychophonic Instructions)* by several Spirits through Chico Xavier, published by the Brazilian Spiritist Federation.

A spiritual painting of Jesus Christ with long brown hair and a beard, wearing a golden robe. He is standing with his right hand raised and his left hand near his chest. From his chest, a vibrant rainbow of light rays emanates, spreading outwards. The background is dark, making the light rays stand out prominently.

Jesus in Samaria

> Humberto de Campos (Spirit) / Chico Xavier (Medium)

Jesus came down from Jerusalem to Capernaum followed by a few disciples as usual on his journeys on foot. He reached Samaria when dusk was already casting its shadow.

Philip, Andrew and James were hungry. They left the Master resting beside a small homestead and went to the nearest village in search of food.

Looking around Himself, the Messiah recognized that he stood beside the Fountain of Jacob. Enveloped in the splendor of the Sun that would give way to the shadows of the approaching night, a woman drew near the ancient well. She noted that the Master came to meet her with the beautiful and usual tranquility on his face. He asked her for a drink of water.

"You are Jewish. How do you ask me such a favor, since I am Samaritan?" asked her in shock.

Jesus rested his gaze on the speaker with a peaceful look and replied, "Have the Jews and the Samaritans, perhaps, such different needs? It is clear that you do not know the gifts of God, for if you had kept the commandments of God, you would understand that I can give you the living water."

"What is this living water?" the amazed Samaritan inquired. "Where is it, if the existing water here is just in this well? Are you, by chance, greater than our father Jacob, who gave us the well since the beginning?"

"Woman, the living water is that which quenches all thirst. It comes from the infinite love of God and sanctifies the all living beings."

And, enveloping the Samaritan in the sweet magnetism of his gaze, he continued:

"This Fountain of Jacob will run dry one day. In the bed of the land where its clear waters lie now, the snake can build its nest. Do you not feel the truth of my claims before your everyday thirst? Despite the fact that you take a full pitcher from this well, you will soon return, thirsty again. However, **those who drink from the living water will be eternally satiated**. For those, there will no longer be material needs that must be renewed in every moment of life. Perennial comfort will refresh their hearts along the roughest roads under the burning sun of the deserts of the world."

Deeply impressed, the woman listened to those words that entered the temple of her spirit with the solemnity of a revelation.

"Lord, give me this water!" she exclaimed.

"Then listen!" Jesus told her. And the Master proceeded to enlighten her about intimate details and circumstances of her private life, explaining what was necessary for that sacred emotion of divine love to illuminate her soul, sparing her from all the unpleasant circumstances of material existence.

Realizing that no secrets could be kept from Jesus, the Samaritan woman cried and said, "Lord, I see that you are indeed a prophet of God. My mind is full of good will and, since long ago, I have pondered the best way to purify my life and sanctify my actions. However, I see so much confusion around me that I do not know how to worship God. My family and neighbors say that it is essential to celebrate faith to the Almighty on this mountain. The Jews fight us, asserting that no act of worship outside the walls of Jerusalem will be valid. Disagreements in this region have reached a peak. Not long ago, a Jew hurt one of us because of his views about what is impure food. Since I am blessed to hear your words, teach me the best way."

The Master watched her with compassion and exclaimed, "You are right. Religious differences have generated much disunity among the members of the great human family. However, the Shepherd comes to the sheepfold to gather the sheep that the wolves have scattered. Truly, I say to you that there will come a time that people will not worship God either on this mountain or in the magnificent temple of Jerusalem, because the Father is Spirit and he should only be worshiped in spirit. That is why I come to open the temple of sincere hearts so that all forms of worship to God become an intimate communion between the human individual and his Creator."

A peaceful silence fell between them. While Jesus seemed to probe the invisible with his bright eyes, the Samaritan meditated.

A few moments later, the disciples arrived, accompanied by a large group of people, and were surprised to find the Messiah in deep conversation with a woman. However, none of them ventured any undignified or harsh remark. Noting that the Messiah was about to leave in search of the nearest village,



the Samaritan woman, eminently amazed with his revelations, requested the presence of her family and neighbors to hear his word.

James and Andrew had brought bread and fruit, urging Jesus to eat. The Master, however, seized the moment to teach once again the way to his Kingdom with friendly words, through unpretentious parables.

Many people had gathered to listen to him. They were travelers from different regions, alongside groups of Samaritans with firmly held opinions. The huge assembly milled about the path, but the Messiah continued spreading his promises of hope and consolation.

Meanwhile, Philip consulted his companions and, approaching Jesus, pleaded affectionately, "Master, please, accept some bread. It is essential that you take care of yourself! Rest and eat!"

"Do not worry, Philip," the Messiah said in agreement. "I am not hungry. Furthermore, I receive sustenance that perhaps my own disciples do not know."

"What is it?" The apostle interrupted with interest.

"First of all, my sustenance is to do the will of the merciful and righteous Father who sent me to this world in order to teach his love and his truth. My sustenance is doing his work."

"That is true," the disciple remarked, looking at

the crowd that followed them. "You see more clearly into their hearts and we cannot miss this opportunity to disseminate the Good News. We will take this new triumph over to Capernaum, because you have undeniably achieved one of our greatest successes here among the Samaritans."

James and Andrew listened quietly to the dialogue.

To the enthusiastic words of the apostle, the Master smiled and added, "That is not exactly what interests me. Worldly success can be a ripple on the surface. In all circumstance, all we need is to understand what the Father wants us to do. As his whole appeal is for the good, I work, but I do not concern myself with immediate victories."

And turning his gaze at the dense crowd of his followers, he said to his companions, "Could we possibly say that we are understood? Let us keep silent for a few moments in order to hear the opinion of those who follow our steps."

There was silence between him and the three disciples, so that they could distinctly hear the conversations among those who accompanied them.

"Can you believe this man is the promised Christ?" a good-looking Samaritan asked his friends. "I do not accept similar impostors. This Nazarene is an exploiter of popular piety."

"I agree," replied the other, "Because, anyway, in his



own land, he is not worth a penny. He is regarded by his relatives as someone who is against work and there are those who doubt his lazy mind."

"He is a crazy, attractive man," exclaimed an elderly woman to her daughter. "At least, that is the opinion I've heard from people in Capernaum. However, I believe he is a great fool. Why did he get together with fishermen when he claims to be so wise? Why does he not move to Jerusalem or Tiberias? Well, you know why. There, he would find educated men who would challenge his assertions."

Closer to Jesus, a young man spoke discretely, "When we arrived, he was found alone with a woman. What do you think of such circumstance?" he asked someone nearby.

"He certainly wanted to save her in his own way," the other replied with a malicious laugh.

A neighboring group spoke heatedly. "This man is slick and egotistical," an old man said with conviction. "He only performs miracles around large crowds so that people feel supernatural virtues in his magic."

"And he is not charitable," another one added, "because not long ago, they sought for him in Capernaum for a sign from heaven and he fled to the hill under the pretext of praying."

The night began to fall. The first stars twinkled

overhead. Jesus sat with his disciples by the wayside for a moment of rest. Andrew, James and Philip were shocked by what they had seen and heard.

It had seemed to them that the Master had been haloed with immense success. However, they discovered a profound misunderstanding among the people. It was then that Jesus, with the serenity he demonstrated in all moments, clarified to them with his unshakable graciousness:

"You should not be surprised by the lesson of this day. When the Baptist came, he went to the desert, feeding himself with wild honey. Some claimed that he was in company of the spirit of Satan. They call me a glutton and a drunkard just because I take part in the joys of the Gospel. This is the landscape in which we have to operate. Everywhere we will find arguing Samaritans mindful of the achievements and situations of this world. Observe the road so that you may not fall, because the disciple of the Gospel must only concern himself with the will of God, with his work under the watchful eye of the Father, and with the approval of his conscience."

Source: Book "Boa Nova" (Good News) by Humberto de Campos (Spirit) through the psychography of Chico Xavier, chapter 17, published by FEB. The book was translated by the team of the Spiritist Society of Virginia. The copyrights of the translation were given to the Brazilian Spiritist Federation. We wait for its publication. Meanwhile, we recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel.

Spiritual Acquisitions

Euripedes Barsanulfo (Spirit) / Corina Novelino (Medium)

BARSANULFO



My Brothers and sisters,!

May your heart be sheltered with the holy peace of Jesus, our Beloved Master.

We are by your side for the blessed works of the Divine Harvest. And, as always, we have our heart tuned to your purest ideals. Let us, therefore, dive into the work, whose foundation is already built, without fears and without hesitation. Jesus is the supervisor of the divine work in the world. He is with us; therefore, his magnanimous and sweet look spreads lights of hope and encouragement. Let us seek this eternal light to guide our steps. There will be no obstacles that cannot be overcome with the tools of faith and love.

In reality, spiritual acquisitions require the experiences of successive lives. Rare are the spirits who accomplish such achievements in one existence.

Far from bringing you discouragement, such fact should encourage you in the necessary triumph over yourselves.

In combating bad tendencies lies the secret of spiritual advancement on the routes to progress.

When corrected, evil impulses reverberate incomparable victories of the Spirit. Then, let us advance without hesitation, convinced that our efforts towards the good will produce the blessed fruits of our regeneration with Jesus.

On the other hand, let us work in benefit of all the service opportunities in favor of our neighbors.

Faith thus directed will make of our souls the blessed mirror of eternal happiness, where the infinite mercy of the Father has united with us, tender and grateful.

May the Master bless and support us!

Source: Book Euripedes, o Espirito e o Compromisso by Corina Novelino through the medium Alira Bessa França Amui. The above message was psychographed by the medium Corina Novelino and published by Editora Esperança e Caridade.

A Discarnate Alcoholic Speaks

SPIRITIST TIP



Introduction (written by Arnaldo Rocha)

The Spirit report happened in a mediumistic meeting held on the evening of January 12, 1956 at the Spiritist Center Meimei in Pedro Leopoldo, Minas Gerais, Brazil.

Our group received a visit from the Spirit Joaquim Dias, who was experiencing an array of emotions as the suffering spirit brought forth the painful report of his experience from which we can extract a vast range of material for study and reflection.

(Psychophonic message by Joaquim Dias)

An alcoholic!

What other term is there on the face of the Earth, which carries within itself such potentiality for crime?

An alcoholic does not only destroy themselves. They are a dangerous instrument of the dark forces. A living bridge of the destructive forces leading to abysmal mud.

The fire that causes devastation begins with a spark

Alcoholism, which leads to misery, is born from within a glass.

From spark to spark, a fire transforms itself into devastating flames.

From glass/dose/toast to glass, addiction turns into delinquency.

Today, as a rag of a soul who was once a man, I recognize that yesterday, my tragedy began like this...

An innocent drink...

A happy hour...

A festive evening...

I used to be a happy and hardworking man. I lived in the company of my parents, wife, and little son.

There was an occasion, however, in which I had the

unfortunate opportunity to ingest a few sips of this terrible poison masked as a sophisticated drink while attempting to push aside the little petty problems in life. Since then, I turned into a hazardous zone for the vultures of cruelty.

Old discarnate enemies of our family turned me into their interpreter.

Within a brief period of time, I abandoned my job, stopped attending to hygiene, and developed a rotten character preferring the unhappy bar over the blessings of the home.

Drinking on my own behalf and on the behalf of all other addicted entities that harassed our home, I forged documents and killed my father by administering incorrect dosages of medication to him after having led him into extreme ruin.

After a while, I coerced my wife into prostitution in order to extort money from her. During a horrendous evening, I murdered her while making it seem as though she had used her own hands to poison herself. As for my son, I turned him into a young drunker and robber who was eliminated by the police very early on.

Having become a social delinquent, I ripped the aversions I myself sowed.

Many times, I had instants of lucidity in which my consciousness would admonish:

- There still is time! Start over! Start over!

However, I turned into a man overcome and surrounded by the shadows of those who, while in the physical body, had also dedicated themselves to crimes and addictions. These shadows were quick to surrounding shouting irresistibly:

-Drink and forget! Drink, Joaquim!

I would drink eager to forget myself until I became severely delirious which placed me among bitterness and indigence.

Fever, illnesses, and madness consumed my physical body. However, I did not notice the visit of death because I was suddenly taken by a mob of delinquents to whom I had previously attached myself.

Suffering their spiritual pressure, I assimilated their mad desires,
and yet again together with them, I got drunk.

The bar was my world due to the irresponsible dementia that
characterized me.

Woo me! There came a time when I no longer could satiate
my thirst!...

A dissatisfaction crushed me from the inside. My lips were no
longer able to even lightly touch the tempting liquid.

Deploing the inexplicable inhibition that aggravated my
sufferings, I moved away from my
companions to hide the misery of which I saw myself object.

I walked aimlessly, anguished and practically mad until I found
myself prostrated in a thorny bed of dry land ...

Relentless thirst completely took over me ...

I cried for help in vain, envying the worms underneath the
ground.

No word could voice the affliction with which I begged from
Heaven a drop of water that would stop the hallucination
emerging from my taste buds ...

My torment surpassed all human expression ...

It was nothing but a bonfire confined to myself.

Then, the expiatory mirages began.

I saw myself in a cool and quiet night, looking for the dew that
fell from the sky to dissipate my thirst, at last, but, looking
for the berries of the heavenly elixir, they were, in my vision,
none other than my mother's tears, whose voice struck me,
mourning in dismay:

"Do not hit me, my son! Do not hit me, my son! ...

Having returned to the flogging, I saw myself under the
refreshing rain, but, trying to take in the spurt, I recognized
my father's weeping, whose last words made me feel
discouraged and ashamed:

My son, why did you ruin me like this?" I threw myself to the
ground, plunging into the polluted current that the storm
always thickened, hoping to alleviate the terrible thirst,

But, within the mud, I would only find my wife's tears mixed
with painful reproaches afflicting my conscience:

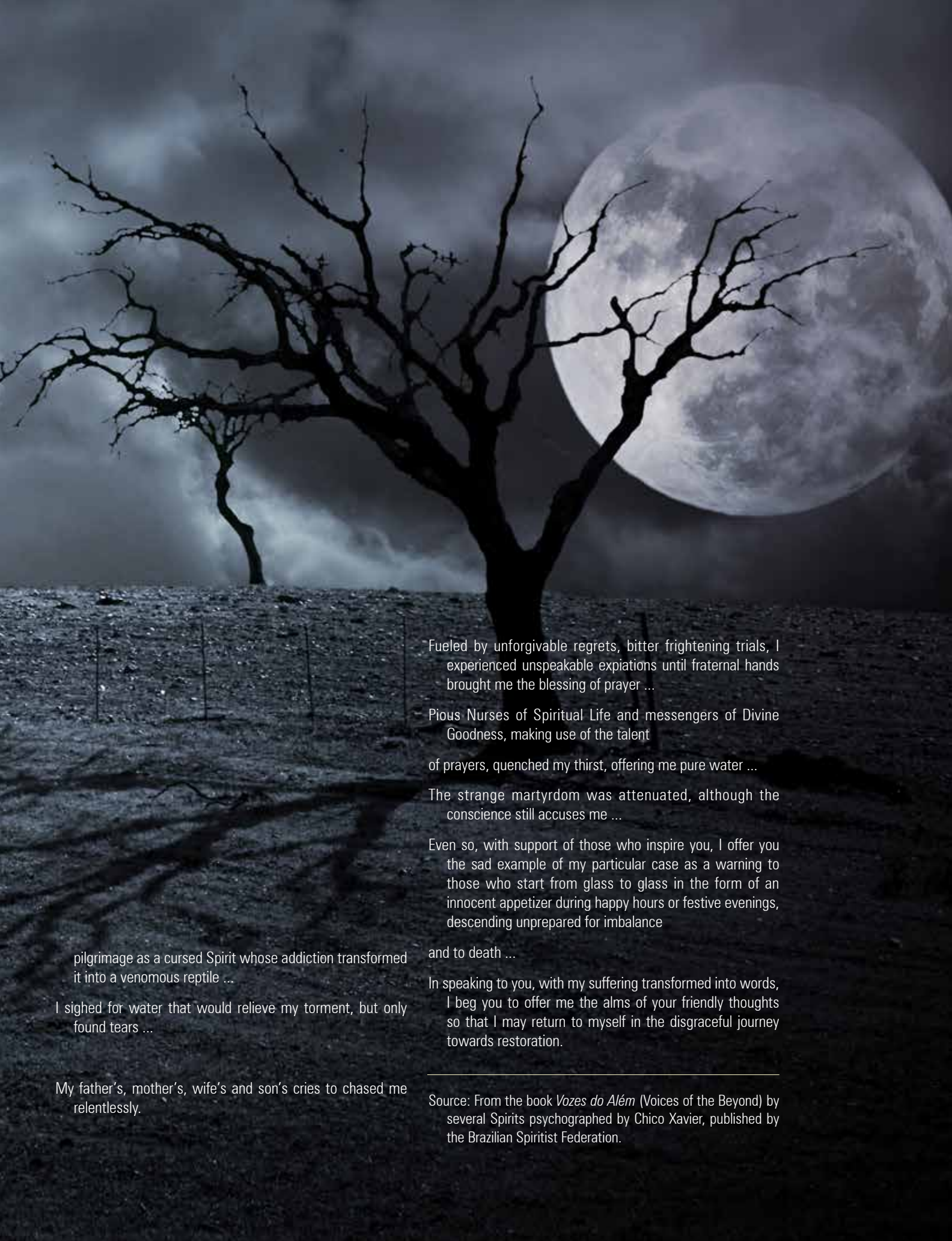
"-Why did you throw me into the mud?" and why did you kill
me, crook?

Again I would return to the desert that welcomed me, soon
after surrendering myself to the vision of crystal fountains ...

I was crazed with thirst, and pressed my mouth against the
spring, which turned into a bowl of red hot gall, from which
my son's tears burst out, crying in despair:

"My father, my father, what did you do to me?"

Everywhere I looked, there was nothing but tears... I was
crowded down frightening by the paths in my painful



Fueled by unforgivable regrets, bitter frightening trials, I experienced unspeakable expiations until fraternal hands brought me the blessing of prayer ...

Pious Nurses of Spiritual Life and messengers of Divine Goodness, making use of the talent

of prayers, quenched my thirst, offering me pure water ...

The strange martyrdom was attenuated, although the conscience still accuses me ...

Even so, with support of those who inspire you, I offer you the sad example of my particular case as a warning to those who start from glass to glass in the form of an innocent appetizer during happy hours or festive evenings, descending unprepared for imbalance

and to death ...

In speaking to you, with my suffering transformed into words, I beg you to offer me the alms of your friendly thoughts so that I may return to myself in the disgraceful journey towards restoration.

pilgrimage as a cursed Spirit whose addiction transformed it into a venomous reptile ...

I sighed for water that would relieve my torment, but only found tears ...

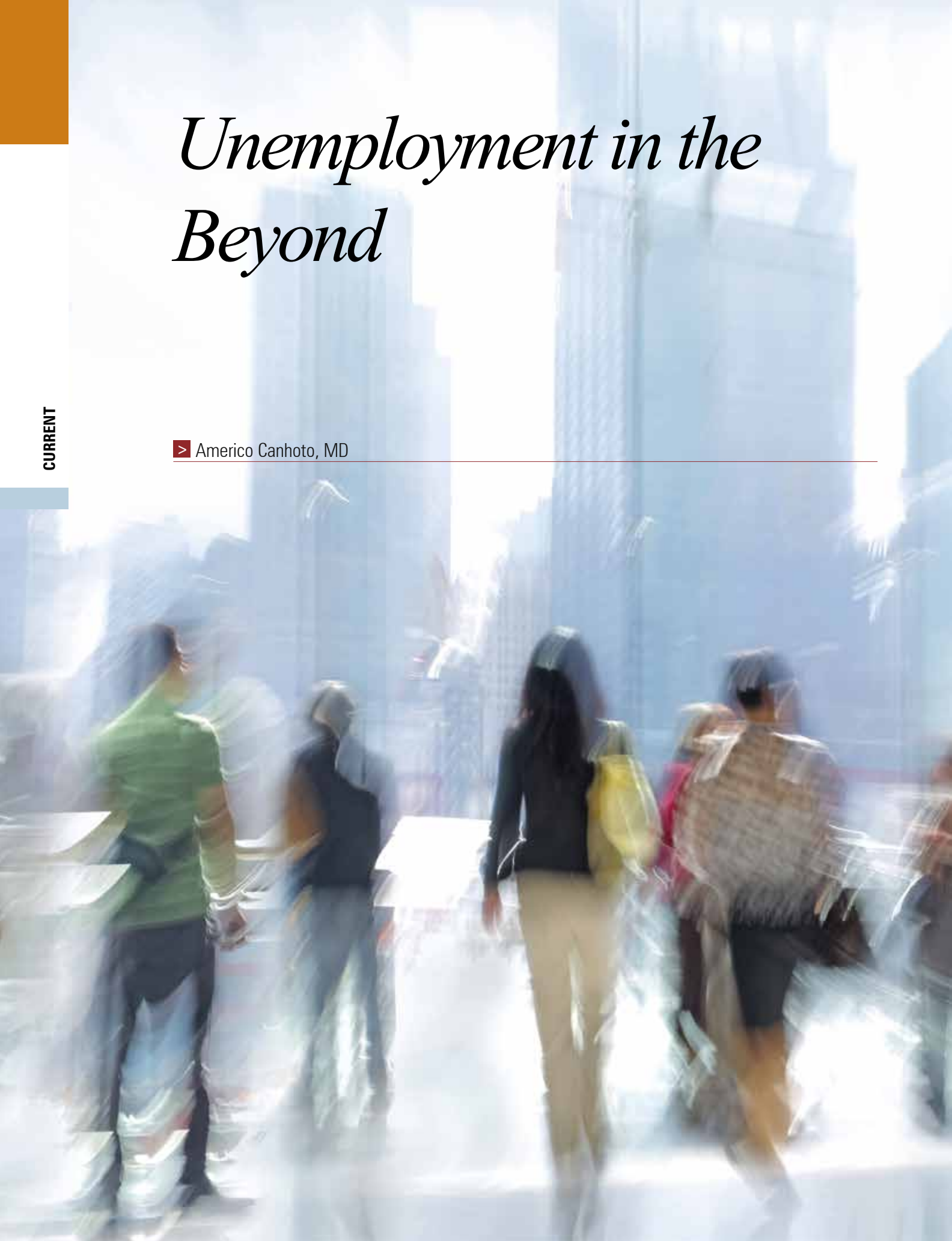
My father's, mother's, wife's and son's cries to chased me relentlessly.

Source: From the book *Vozes do Além* (Voices of the Beyond) by several Spirits psychographed by Chico Xavier, published by the Brazilian Spiritist Federation.

Unemployment in the Beyond

CURRENT

➤ Americo Canhoto, MD



Do not dare to get to the spiritual plane without an employment.

We already have 200 million unemployed on the planet on the other side of the globe - not counting those who have never been registered at a formal job ...

In this dimension of life, being unemployed is a serious problem. This may mean hunger, disease, begging, banditry, etc. It all depends on the individual's evolutionary tendencies and conditions.

But the number of unemployed and street dwellers in the spiritual realm is much higher. There, we see a small group of individuals who are employed and working for the light, whereas another groups works for the shadows. The vast majority is unemployed and is exploited by leaders of the darkness, business persons of darkness.

However, our departure for the Beyond is inevitable.

So, getting to the spiritual plane without knowing what to do, without qualification and without employment is much worse. It is a real hell caused by wandering here and there as a homeless individual on the spiritual plane; fleeing from all sorts of exploiters and dealers of all kinds.

Employment Tip: The Spiritist home is seeking for volunteers in various areas and, for many people, it does not take any practice.

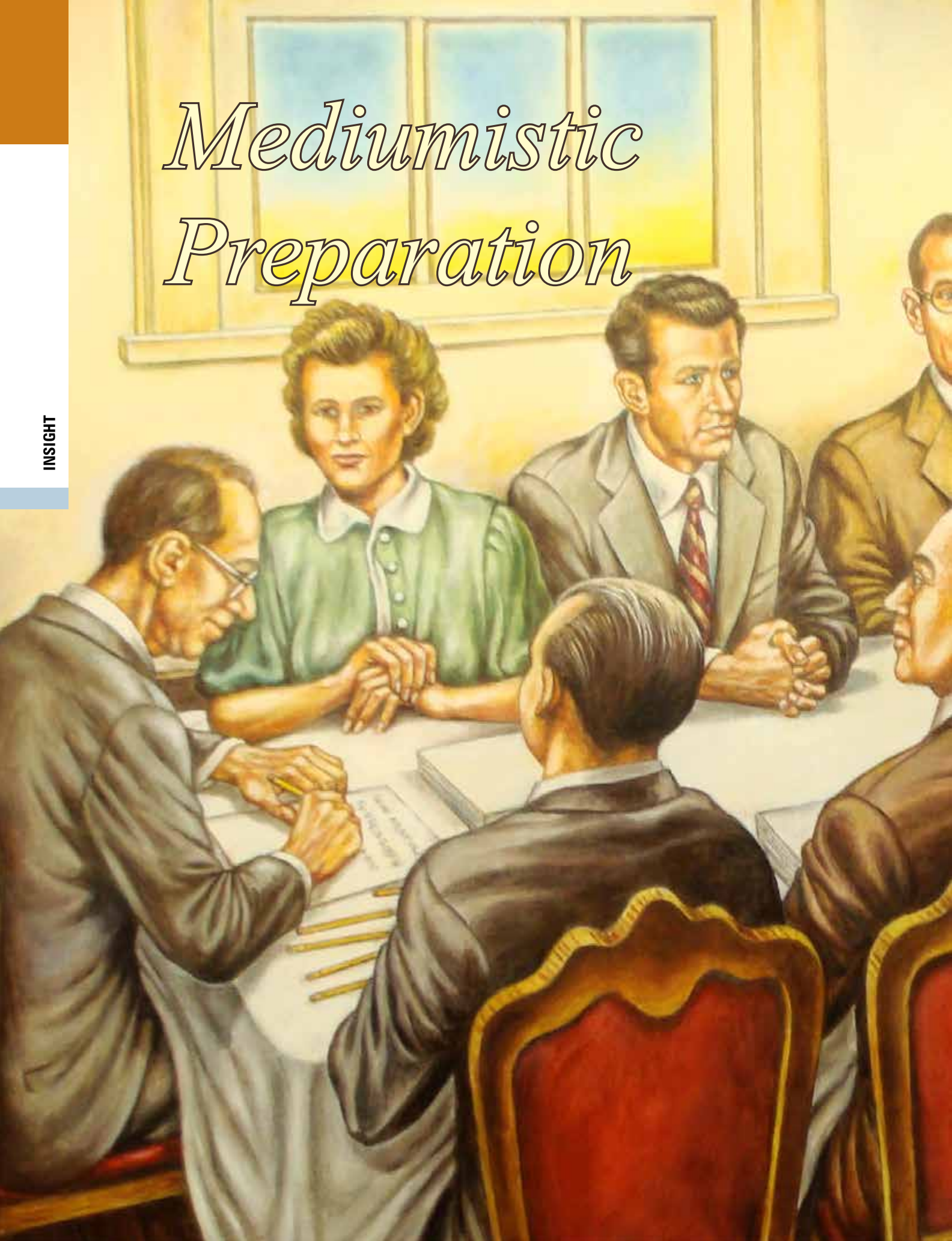
Better run because the line is big ...

Dr. Americo Canhoto is a Spiritist physician and writer who lives in Brazil. You may follow his page <https://www.facebook.com/americo.canhoto>.



Mediumistic Preparation

INSIGHT



No matter how much we talk about mediumship, it is necessary to always refer to the discipline that only the Spiritist Doctrine can guide for the good.

Mediumistic potentialities are values that belong to all individuals in as much as we all have virtual resources for the performance of this or that task.

*

However, let us remember the apprentice on the first steps of a literacy institute. They may know how to write and read, but if they intend to begin other achievements, beyond the primary foundation, they must voluntarily enroll in school without taking a break from greater effort.

Study and learn always.

*

So does the medium in the initial stages of the development of psychic energies.

They can communicate with the discarnated and receive the word, however if they wish to achieve greater tasks, beyond the initial bases, they must enroll in the workshop without taking a break from greater effort.

Study and serve always.

*

If a certificate of competence in the field of the liberal professions of the Earth demands no less than fifteen to twenty years of preparation from the ABC's to the university summit in order that the mental centers be

adjusted for the beginning of the work to be carried out, how would you expect a medium to be prepared safely in a few days? Is it to take charge of the spiritual interests of others, to lead them, to harmonize them, to raise them, or to help them, less important than to draw a plan for lifting a bridge or building a house?

*

Let us not deceive ourselves with respect to the mediumistic formation.

Mediumistic development without perfecting the vehicle for the spiritual manifestations is the same as work without the orientation of the worker, which invariably results in useless fatigue.

*

Let us convince ourselves that legions of mediums, as well as legions of intelligences, swarm everywhere, but to improve one or the other, by giving them credit and responsibility, requires patient study and labor, so that education can be accomplished. Now, we all know that education does not take place without discipline, as discipline does not come to us without sacrifice, and sacrifice is not easy for anyone.


Source: Book *Mediunidade e Sintonia (Mediumship and Attunement)* by Emmanuel / Chico Xavier (Medium). The book was translated by the team of the Spiritist Society of Virginia and Kardec Radio. We recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel. and Kardec Radio. We recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel.



DISCOVERING THE REAL WORLD
WITH DIVALDO FRANCO

Passions

> Joanna de Ângelis (Spirit) / Divaldo P. Franco (Medium)



The power of emotion, which propels humankind towards their passions, proceeds from their inner, spiritual being. It is then transformed into physical reaction, either raising them either to the pinnacles of nobility, or making them descend into the pits of vice and degradation.

When a lofty ideal is present, strong and overwhelming, it ignites the individual, and impels them to alter plans, remove obstacles, and overcome problems.

Galileo dreamed of the heliocentric system, and Columbus visualized land to the west, inspired by reminiscences of past lives and the mathematical calculations of his day. Both men, were fearlessly moved by passion, and persevered until they could finally expand the dimensions of the Earth.

Socrates, with his proposal of “know thyself,” and John Huss, who fervently loved the liberating Gospel of Christ, chose to die rather than be dishonored before dull-minded men, with moral and religious misconceptions

And Jesus, in His passion for love in its highest degree, offered Himself so that humankind, through His teachings, could find themselves, and advance towards the “Kingdom of God.”

But because of the deceitful ways of crime and dissolution in which the spirit takes pleasure, dazed by the matter that clothes them, they delay the freedom they long for; they give up everything for the narrow moral prison in which they lock themselves.

Debasing passions thrive more easily and find better ground in persons of wavering minds. Likewise passions thrive in those prone to indecision, whose experiences are still primitive and who weaken when faced with struggles. In them, the animal nature is still dominant.

Nero and Comodus, who were drenched in all kinds of promiscuity and crime, differ very little from Hitler and

Himmler, in the fury with which they sacrificed lives based on the premise of racial prejudice

Whenever emotion descends to primitive stages, it reaches the mind and drives it into a state of madness

When savagery and lasciviousness prevail, obsessions take place in the form of “vampiric” exploitation. This starts a process of delusions to some, and of depletion of vital forces to others, who completely surrender to this power.

Organized prostitution, sex offences, moral corruption, are all dark dungeons that can sap any expression of life. They are a painful process of disintegration, corrosion and poisoning of the mind

Lusterless eyes, a dull mind, lack of energy, are due to inner domination by lower spirits. These Spirits continue in their vices, after leaving the flesh. Such is the image of a person whose passion is depraved sex--a continuous process of animalization and degradation

Furthermore, we see hatred breeding revenge, jealousy causing pain, anger spreading destructive psychic forces,





vanity benumbing the feelings, selfishness stifling ideals, waste destroying moderation; they are the fruits of passions that plague, persecute and victimize those who harbor them.

All these are the result of egotism that only values itself, aiming at its own profit, its own pleasures and opportunities, to the detriment of the victim that willingly surrenders to its domination.

But we are all destined to reach the unfading glory of Goodness despite the long presence of evil we brought to

ourselves, and the suffering we go through by choice. No matter how long this period of negativity, it will cease in obedience to the demands of evolutionary forces which cannot be stopped.

We must begin, even now, to use the powerful antidotes to passions that disturb humankind in this present time. We already have excellent proof of what the chemistry of love can do as well as the mechanics of charity of which Christ became the supreme exponent.

Tiny efforts add up to significant results.

Small crumbs together form a sizable volume.

As they aggregate, the atoms become living and dynamic forces.

Putting a little effort now against anger, then a small crumb of charity, followed by an atom of expanding love, we will have started a conditioning that enables us to mobilize our resistance against all the great and damaging passions.

A friendly thought, a courteous word, a gesture of kindness, and a shaking of the hand are the beginning of brotherhood and a better world. This better world is being built by the real followers of Christ, who are to be found everywhere on Earth, waiting for the cooperation of those of good-will among us.


Putting a little effort now against anger, then a small crumb of charity, followed by an atom of expanding love, we will have started a conditioning that enables us to mobilize our resistance against all the great and damaging passions.

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*Chico Xavier
Talks About Drugs*

> Carlos Baccelli



Chico Xavier once said, "I do not know how competent authorities do not solve the drug problem, which ultimately concerns everyone ... Who does not have a relative involved with them today?"

"I have listened to many parents, many mothers, many grandparents ... In the United States, drugs are practically compromising a generation. We must combat this problem with vehemence: in schools, in workplaces and, above all, in homes ..."

"We cannot watch, impassively, our youth being victims of drug dealing. The advertising against drugs is very timid. Every half hour, the television should combat such problem, including through the radio and the newspapers... Such instruction should already begin clarifying kindergarten children against the danger of drugs - a 'virus' that has killed more people than the most violent viral agents."

"The advertising against drug use has to be massive - in the commercial breaks of TV shows, in soccer games, in the religious masses, in the Spiritist meetings ..."

Source: From the book *O Evangelho de Chico Xavier* by Carlos Baccelli, published by Didier.

Challenges of the Intelligent Individual on Earth

▶ Claudio Sinoti

The spiritual principle has a long evolutionary trajectory, from the simplest to the most complex of forms, with plenitude as the goal. This journey was well summarized by Leon Denis, who stated: "In the plant, intelligence sleeps; in the animal, it dreams; only in man does it awaken, come to know it-self, own itself and become conscious ..."

From this summary, we can see human beings face four great challenges in the development of consciousness:

1. Awakening – When one's consciousness is asleep, the individual is driven by instinct, not able to access the innumerable possibilities it has at its fingertips. Dominated by instinct, it seeks pleasure at all costs, even if it requires brutality to do so. This can be seen daily as acts of violence, as well as excesses of all kinds, that reflect the self-destructive behavior of those who do not yet know the potential of the soul. Awakening the conscience becomes urgent, because lack of action at this stage generates personal and collective suffering, which could be avoided if individuals in-vested more in self-awareness.

2. Know yourself - To leave the sleep stage it is imperative to develop self-awareness. To observe one's behavior, critically assess one's actions, and especially make an effort to change one's attitude towards life. Turning inward, through mechanisms such as prayer, reflection and meditation, helps us come into contact with our-selves. We can only change what we know, and we can only change ourselves as we develop self-awareness.

3. Take ownership - The more one knows, the more one can manage one's impulses, emotions, desires, complexes and so many other elements that affect the human soul. Taking ownership is essential to exercise self-

control. This is the attitude of somebody, who, knowing that life is far beyond the control of the ego, seeks a state of balance and harmony to best deal with existential challenges.⁴ -Becoming aware-They who awaken, know themselves and take ownership of themselves, start to become conscious of their existence. Becoming aware, in the broad sense, reflects a great degree of commitment to oneself; commitment to others, to the environment, to life, to Nature, and to God ...Life is calling urgently for a change in our actions, and intelligence must be our weapon. Once considered to be restricted only to those able to solve complex equations, today it is seen much more broadly by behavioral sciences. It is not enough to know how to solve equations (Intellectual Quotient -IQ), because while an individual cannot decipher their own enigmas, they continue to act in unintelligent ways in relation to life. It is not enough to know one's own emotions (EI -Emotional Intelligence), but essentially to transform that awareness into a love of life. In addition, it is not enough to identify ourselves as Spirits, since for as long as this consciousness is not present in all our actions on Earth, we will not live the plenitude that is our destiny. It is not enough to have information and knowledge. This knowledge must be put to the best of use to benefit life.

Source: This article is reproduced from the excellent *The Journal of Psychological Studies*, issue 64. More issues and information, please go to: <http://www.spiritistsps.org/en/the-journal-of-psychological-studies/>

Claudio Sinoti is a clinical psychologist in Brazil. As Spiritist, he has been leading the psychological studies of the works by Joanna de Angelis through the books psychographed by Divaldo Franco.



Love

> Irene Souza Pinto (Spirit) / Chico Xavier (Medium)

WISDOM



Love is the law of God everywhere
Notice above the sun that pours down
A torrent of light that sustains and nourishes
Both the worm and the mud

Gaze down upon the vast lands
You shall find singing, humble and good
The spring that gives without seeking for recompense,
The smile of the Earth that blesses

The tree is perfect compassion
Without complaining of the struggle that consumes
Offering the flower that beautifies
And the fruits that satisfies hunger

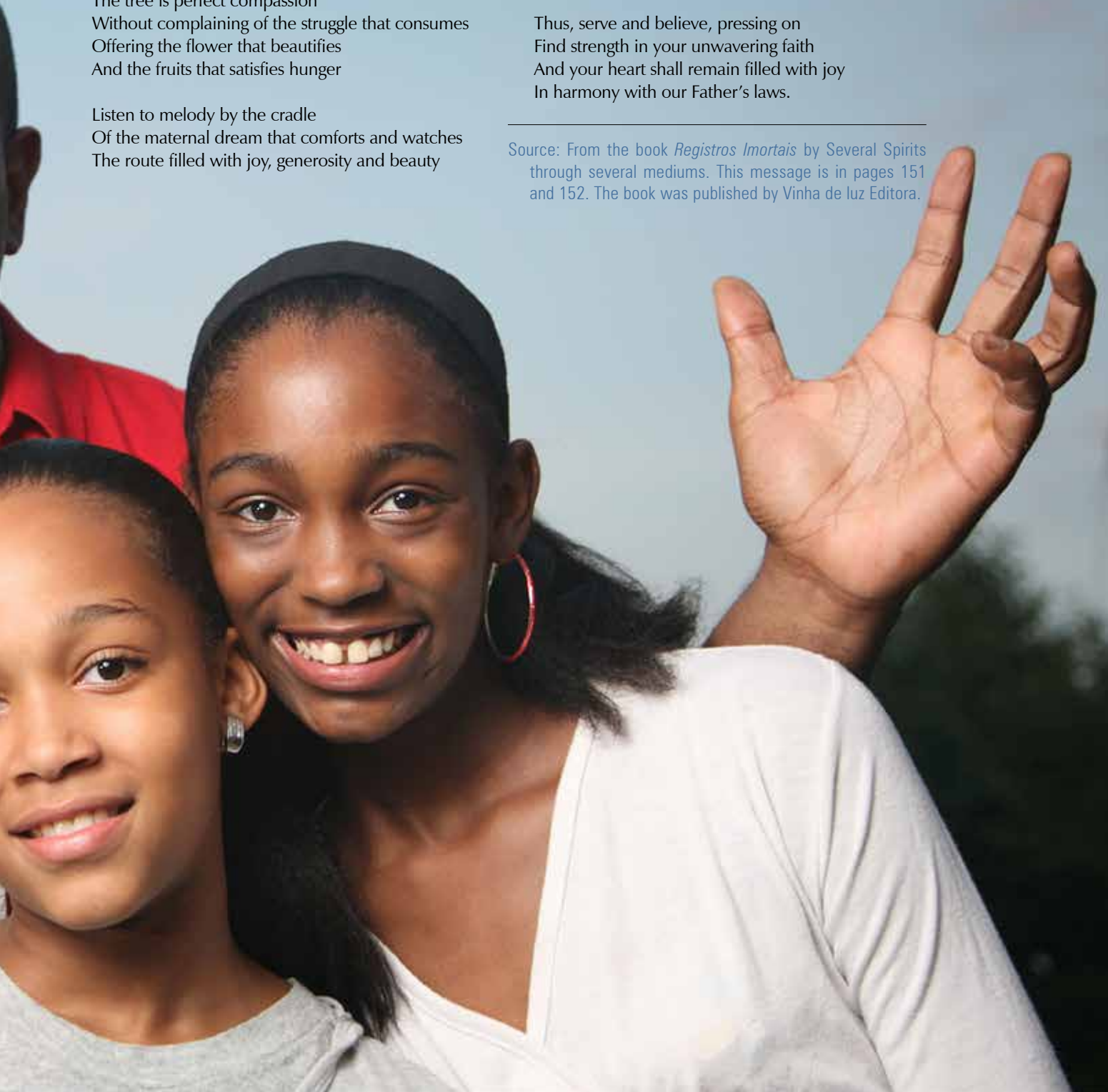
Listen to melody by the cradle
Of the maternal dream that comforts and watches
The route filled with joy, generosity and beauty

Everything is goodness along the way!
Everything vibrates eager to help!
The mountain, the forest, the field, the nest
The Valley, the wind, the temple, the school, the home

In everything sublime love is being dispersed
From the magnificent star to the larva underneath the
ground
Love is the hand of God over the Universe
Constructing grandeur and perfection

Thus, serve and believe, pressing on
Find strength in your unwavering faith
And your heart shall remain filled with joy
In harmony with our Father's laws.

Source: From the book *Registros Imortais* by Several Spirits through several mediums. This message is in pages 151 and 152. The book was published by Vinha de luz Editora.



Up to One's Conscience

> Brother X (Spirit) / Chico Xavier (Medium)



You declare yourself, my friend, to be extremely fatigued in the struggle for the victory of good and add in your letter: “What to do, Brother X? I cannot take any more insults, misunderstandings, sarcasms, criticisms ... I only think of a retreat, quietude, and at night, when I can sleep, if I dream of something which I cannot quite remember, it is of a hammock, vividly and incessantly depicted on my mind. “

Indeed, my friend, fatigue is one of the greatest sufferings; however, since you ask us for our opinion, I beg for your permission to narrate a passing occurrence from the realms of the shadows to you.

A renowned legionnaire of the Salvationist work has told us that in the dark recesses of the Lower Spirituality, almost as a perfect copy of an old parable, attributed to Luther, an experienced worker of the darkness gathered with his many collaborators.

He wished to listen to them regarding ideas that they may have so as to how to vampire their incarnate friends on Earth.

This meeting was like a meeting of gangsters, as it occurs, in fact, in many places of the physical plane.

As the director of organized cruelty explained the purpose of their assembly, one of his aides noted:

Last month, I threw an enraged dog against two workers of the good, who studied the Gospel, and was successful in putting death into action ...

"Fruitless work," said the somber leader, "both are now in spirit supporting works of greater importance on Earth in and of itself." They discarnated under the watch and care of Heaven.

"I," confided the other, "created a network of intrigues against a lady, dedicated to Jesus. The intrigues were so efficient that her husband has already abandoned her, taking her children away from her ..."

"Unproductive effort," sneered the leader. "You have done nothing but deify the woman ... She will win, at last, by means of her abnegation ..."

"In my sector," proclaimed a strange delinquent follower, "I have provoked gratuitous hatred of a crazed man over a faithful follower of Christ, who was killed last week under a heavy load of bullets.

"No use," said the mentor. - The victim has been promoted to the condition of martyr and, outside of the terrestrial body, will dedicate themselves more intensely in favor of Humanity ...

"As for me," said another collaborator, "I was able to confuse an entire group of apprentices of the Good News, and now five of the best practitioners have been safely removed due to slander.

"Frustrated enterprise," disputed the commander, "the wounded will be able to use the opportunity to work with Jesus through example ..."

The small gathering fell silent, somewhat disenchanted, when one of the assistants remarked while smiling ironically:

"Boss, it seems as though what I am about to tell you is a lie, but I have, for long, come to realize that persecution only serves to promote the persecuted. For this reason, I suppose that the best means of annulling Jesus' collaborators is to magnify their minor feelings of depression and put them to sleep.

In six months, I have already placed eighty Gospel workers, out of action, in nursing homes, beds, hammocks and quilts ...

Such a recipe does not fail. The person experiences slight fatigue and, it come in with our old hypnosis. The result is always on target. Sleep that does not end.

In this way, the best of these people of Christ no longer work, neither on Earth, nor in Heaven ...

The great one frantically applauded the assistant and dismissed the presence of all the other participants in order to better understand the sagacious companion.

How easy it is to note, my friend, that depression is a problem.

To conclude, I tell you that I myself, a poor chronicler who had been discarnated for about thirty-five years, found myself, to a certain extent, under enormous fatigue.

Soon after, I looked for a friendly mentor for advice. He listened to me affectionately, patted me lightly on the shoulders, and finally noted,

"My dear, if you feel as though your own strength is wearing down, try to improve yourself, to renew yourself. But, be very cautious with such matters.

Fatigue does exist, but this is a matter that is always up to one's conscience, because, as far as we know, no one, to this day, has been able to truly verify where fatigue ends and laziness begins.

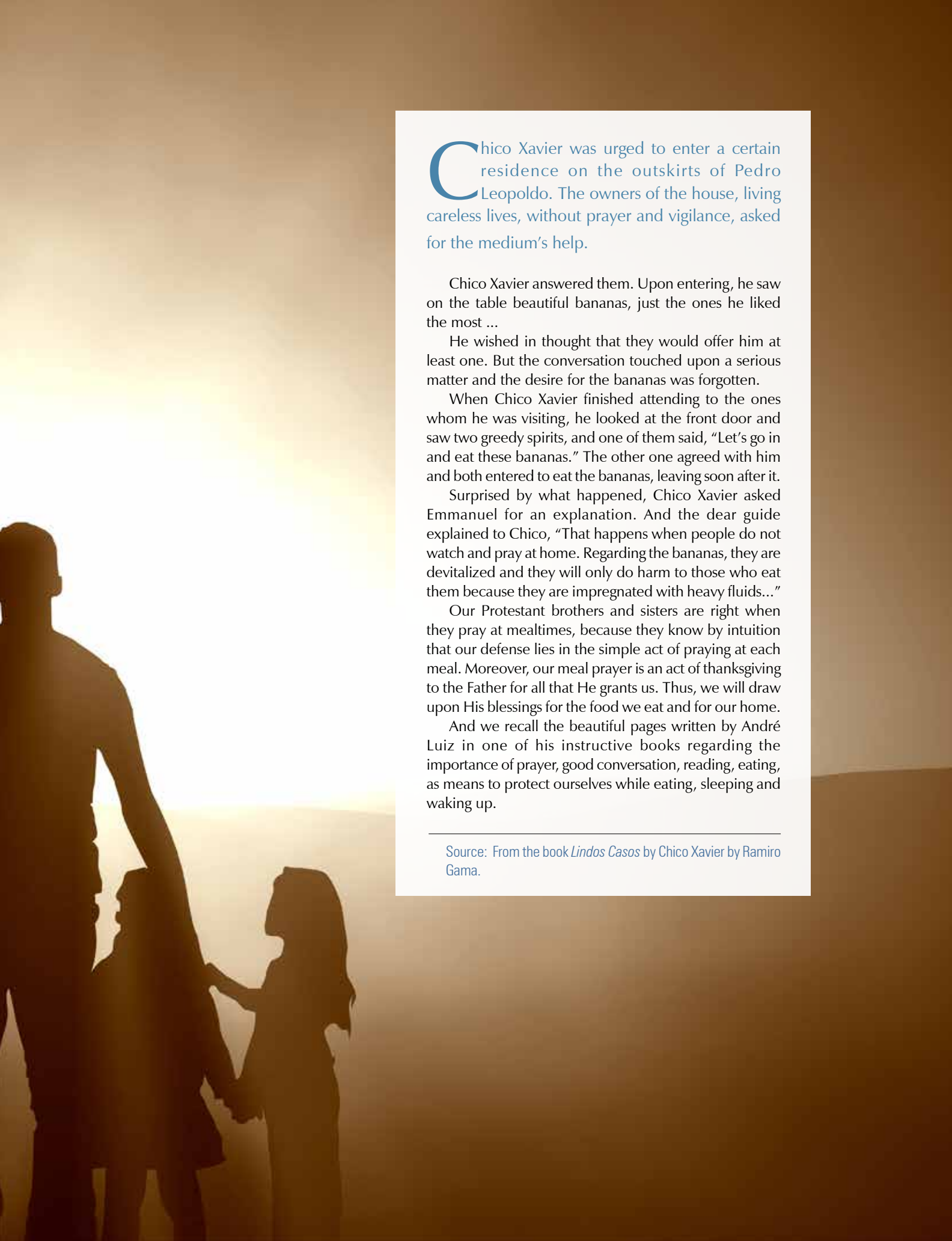
Source: Book *Relatos da Vida* (Reports of Life) by Brother X, chapter 11, page 81

Spiritual Environment in the Home

CHICO XAVIER

> Ramiro Gama





Chico Xavier was urged to enter a certain residence on the outskirts of Pedro Leopoldo. The owners of the house, living careless lives, without prayer and vigilance, asked for the medium's help.

Chico Xavier answered them. Upon entering, he saw on the table beautiful bananas, just the ones he liked the most ...

He wished in thought that they would offer him at least one. But the conversation touched upon a serious matter and the desire for the bananas was forgotten.

When Chico Xavier finished attending to the ones whom he was visiting, he looked at the front door and saw two greedy spirits, and one of them said, "Let's go in and eat these bananas." The other one agreed with him and both entered to eat the bananas, leaving soon after it.

Surprised by what happened, Chico Xavier asked Emmanuel for an explanation. And the dear guide explained to Chico, "That happens when people do not watch and pray at home. Regarding the bananas, they are devitalized and they will only do harm to those who eat them because they are impregnated with heavy fluids..."

Our Protestant brothers and sisters are right when they pray at mealtimes, because they know by intuition that our defense lies in the simple act of praying at each meal. Moreover, our meal prayer is an act of thanksgiving to the Father for all that He grants us. Thus, we will draw upon His blessings for the food we eat and for our home.

And we recall the beautiful pages written by André Luiz in one of his instructive books regarding the importance of prayer, good conversation, reading, eating, as means to protect ourselves while eating, sleeping and waking up.

Source: From the book *Lindos Casos* by Chico Xavier by Ramiro Gama.



Chico Xavier, Return to Simplicity

NOWADAYS

> Vanessa Anseloni, PsyD, PhD

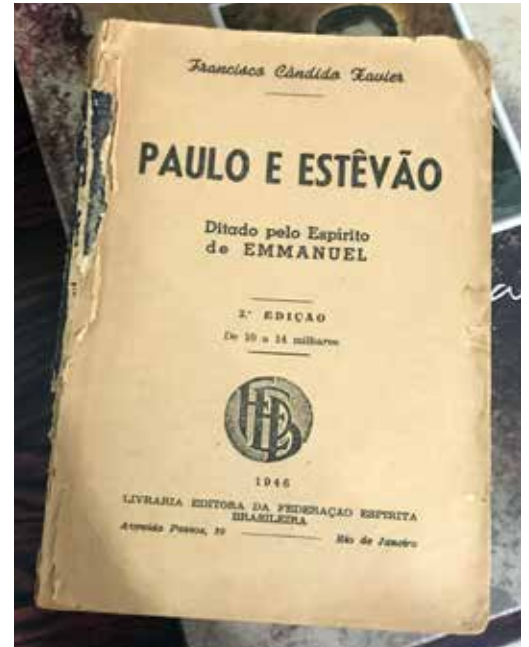


Born in the simple town of Pedro Leopoldo, Brazil, Chico Xavier is the expression of the simplicity of living. From his family house to his humanitarian legacy, Chico Xavier always chose simplicity, while embracing it deeply.

Being a virtuous man, one of the highlights of his life is the lack of complication. Surrounded by the natural beauty of the State of Minas Gerais, Brazil, Chico Xavier is a testimonial of simplicity, a virtue that has become rare in our convoluted world.

According to the Merriam-Webster Dictionary, simplicity means 'the state of being simple, uncomplicated or uncompounded'. And that is precisely the definition of Chico Xavier and his life.

After two weeks of research in his home town and other cities in Brazil, we observed the expression of simplicity at multiple dimensions in Chico Xavier's life and legacy:





- Simplicity in living - Way before the minimalistic movement, Chico Xavier already lived with the minimum necessary. Though receiving donations from wealthy families, he never kept a penny for himself, irrespective of his or his family's needs.

Currently, we observe many people aiming at bigger houses, many belongings... Chico Xavier never worried about any of it. He made a decision to keep it all simple and focus his efforts on everlasting conquests.

- Simplicity in relationships - Chico Xavier was truly uncomplicated, simple, in his relationships. He cultivated true interest for everyone whom he encountered. He handmade cards with dry flowers for his friends in Brazil and worldwide. His autographs were beautiful personal notes to each and everyone. Chico Xavier treated everyone as special friends and guests. He never established special relationships out of interest, not even in the name of charitable purposes.

- Simplicity at work - Wherever Chico Xavier worked (since his childhood – Cotton industry, bar, model farm), he was the expression of a mindful being. He was a fast typist and a truly competent public servant. Always very disciplined, he often made himself available to also help his boss and colleagues.

- Simplicity in the use of time – Working and serving for almost 22 hours a day, Chico Xavier was always on time and never in a rush. He dedicated himself to attending each and every person who came his way whether in the Spiritist center or at home. In the very words of Andre Luiz, one of his brothers, "Chico Xavier had the following schedule: Mondays and Fridays, he attended the public meetings at the Luiz Gonzaga Spiritist Center, leaving late in the night (3-4 am); on Tuesdays, Chico worked in the psychography of books and correspondence until 1:30 am; on Wednesdays, he participated in meetings with Dr. Romulo Joviano and his family at the Model Farm. He would come back at 12 am; on Thursdays, he participated in Disobsession meetings in the Spiritist Group Meimei; on Saturdays, he would work until dawn on books and messages; on Sundays, he would psychograph some more and receive close friends in the evening." On Saturday afternoon, Chico Xavier would attend more than 14,000 people, when he donated whatever goods he had at hand, while kissing each person's hands. On the next day, his hands would be swollen for so many people had squeezed them. However, Chico Xavier never complained about it, instead he used to say that it was a true 'hangover of love'.





- Simplicity in Daily Choices – He was offered several opportunities to work in higher positions and in bigger cities. Even after his retirement, he was offered to live at an apartment in one of the buildings of the Brazilian Spiritist Federation, to which he kindly turned down.

- Simplicity in Spiritist Practice – Chico Xavier always team worked and never manipulated people through his mediumistic abilities. He never created rituals or rites. Everything was very simple, simply sacred. Through the practice of deep discipline, he helped millions and still does through the psychographed books. Not only has he given all the copyrights of his books to the Brazilian Spiritist Federation and other Spiritist publishers, but also he was never concerned about marketing his books or selling them, a concern of many Spiritist writers and mediums nowadays. On the contrary, he would often mention that we should actually give the Spiritist books free of charge. And he often made clear that he would never be in a Spiritist event if it were charged for. His recommendation was to keep Spiritist centers small in order to cultivate true

bonds and avoid the cultivation of egos.

Above all, we would highlight the Simplicity of Chico’s Personality. Uncomplicated by nature, he always sought after the good in every circumstance and in everyone. He was often found smiling, joyful and caring. He loved singing and even going to the movie theater.

May Chico Xavier’s simplicity touch our consciences and stimulate us to be less complicated, thus simpler.

Our deepest gratitude to Geraldo Lemos Neto for the research materials and trips to Chico Xavier’s centers; Eugenio Eustaquio, John Harley, Terezinha de Castro and Alberto Minardi.

Vanessa Anseloni, PsyD, PhD, is the editor-in-chief of the Spiritist Magazine, founder and Director of Kardec Radio, founder and President of the Spiritist Society of Virginia, founder and former president (1999-2012) of the Spiritist Society of Baltimore. She is also neuroscientist, psychologist and CEO-founder of the School of Emotion.

The little Kitties

SPIRITISM FOR KIDS

A FRIENDSHIP LASTS FOREVER!

WHAT ARE YOU UP TO, LUPU?

I AM SLOOPY, A LITTLE RESCUE DOG

HE, HE, HE! DID YOU KNOW THAT CHICO XAVIER ADOPTED...

AND CARED FOR MANY PETS THROUGHOUT HIS LIFE?

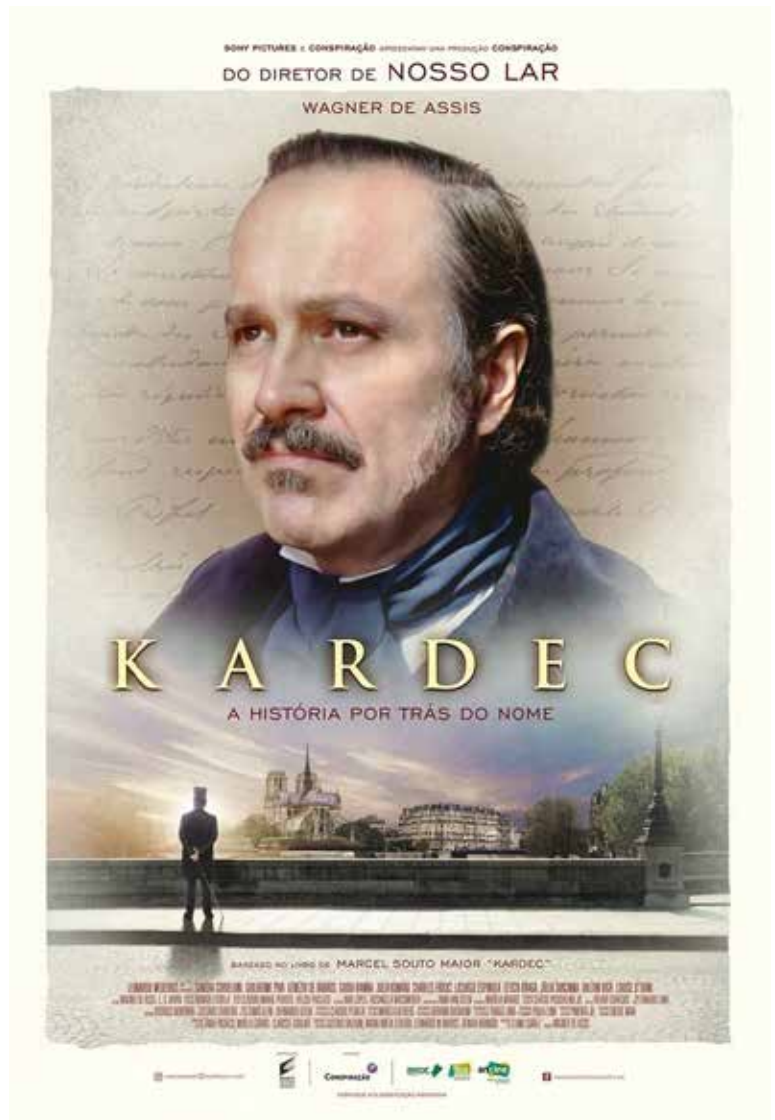
REALLY, DO YOU MEAN IT? TELL ME MORE.





Movie about Kardec

On May 16, 2019, the Brazilian movie director Wagner Assis released his latest movie about Allan Kardec. Based on the intriguing biography by Marcel Souto Maior, the movie is a true masterpiece. Surprising in its script, the movie contextualizes the greatness and the drama of a time of religious and scientific dogmas and orthodoxism. Not only the movie portrays Kardec's vanguard legacy, but it presents Kardec's paradigm for a new society. Moving and deep, Kardec and his wife Amelie Gabriele Boudet represent the integrity and courage in the making off of the Good yet to be disseminated in all social dimensions. We look forward to the release of the movie with English caption, so the world may see it.



13th US Spiritist Symposium

On May 4th, the United States Spiritist Federation coordinated the 13th US Spiritist Symposium together with 35 Spiritist organizations sponsoring the event. The theme was The Awakening of the Self. The event also counted on a parallel workshop for children and youth under the theme "In Search of the Greatest Treasure." For more information on it, please go to <https://www.spiritist.us/usspiritistsymposium>.

Spiritism in Delaware

For the first time in history, a course on Spiritism is implemented in the State of Delaware in the United States of America. Since December 4, 2018, Dr. Carol Correa launched a weekly course on Spiritism based on the Roadmap Program for the Spiritist Study and Practice. The group meets every Tuesday at 7 pm. For more information on it, please email to spiritisminde@gmail.com.



New release

Does death exist?

What changes when we go to the Spiritual dimension?

The central character of our story, Maria Lúcia, took a long time to realize and accept her new reality, continuing her mistakes and misunderstandings despite the constant help and support of friendly relatives, who sought to awaken her from her selfish dream to power, fame and illusory success.

Through the immeasurable Divine Mercy, she discovered that the most precious good for anyone is Fraternal Love, which personifies in the fellow beings around us.



Available on the sites: Amazon.com, Barnes&Noble.com and Books&books.com



You are invited!



12 hours of service to celebrate our 12th anniversary!

Sunday, June 23, 2019
From 9 a.m. to 9 p.m.

9 a.m. - Two Thousand Years Ago
Vanessa Anseloni

11 am - Listening to the call of the heart
Isabela Silvestre & Adriano Barbo
(guest speakers from N.Y.)

2 pm - Nosso Lar, Our Spiritual Home
Luciana Nicolielo

3 pm - The Messengers
Leticia Klausner



SSVA center
4280 Henninger Ct. - Suite I
Chantilly, VA 20151

Free Admission

Fundraising
lunch will be
served at 1 pm

4 pm - And Life Goes On
Palloma Peterson

5 pm - Fifty Years Later
Carol Correa & Deise Galan

7 pm - Paul and Stephen
Vanessa Anseloni

July 4th is Kardec Radio's 8th Anniversary

Join our hosts in
8 hours of live
broadcast!

8 am - Leo Vieira

9 am - Angie Stewart

10 am - Debora Beldowicz

11 am - Fred Gouvea

12 pm - Vanessa Anseloni &

Geraldo Lemos Neto

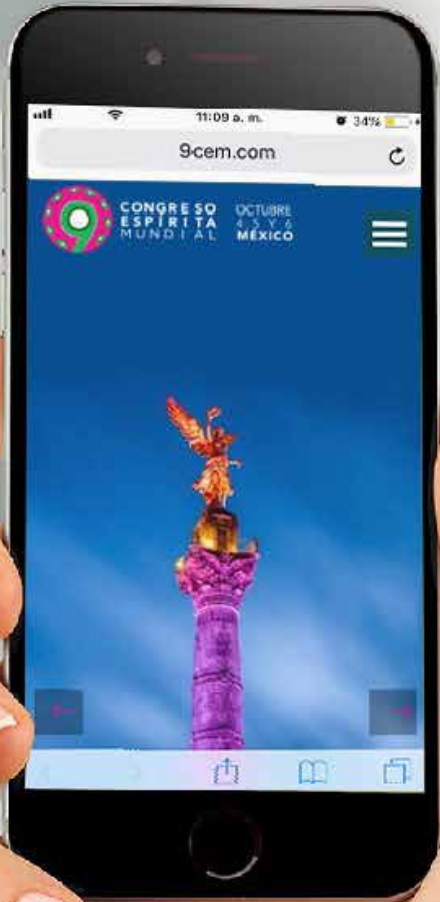
1 pm - Sunshine Beck

5 pm - Carol Correa

6 pm - Brian Foster



Visit www.9cem.com
and buy your tickets



CONGRESO
ESPIRITA
MUNDIAL

October 4-6 ,2019

México

RESERVE YOUR SPOT



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